Unhealthy relationships and environments can lead to child abuse and neglect.

Maltreatment in founded cases of abuse included physical neglect, physical and sexual abuse and mental abuse/neglect. The Centers for Disease Control cites several strategies to prevent child abuse. They include the following:

- Early child home visitation
- Early education with family engagement
- Improving parenting skills and family relationship approaches
- Behavioral parent training programs
- Treatment to lessen the harms of abuse and neglect exposure
- Treatment to prevent problem behavior and later involvement in violence

*Information provided by the Virginia Department of Social Services.*