

# CHILD ABUSE PREVENTION SOCIAL MEDIA



## GRAPHIC



## SAMPLE POST

Should we step back or step in? Helping our child build self-esteem is a balancing act. Here are 7 tips to encourage him or her to build self esteem: <link> #GreatChildhoods



Every child deserves to grow up feeling safe and loved. Home visits are one of the first steps in preventing child abuse and neglect. #GreatChildhoodsVA



We have the power to turn back time. #GreatChildhoods



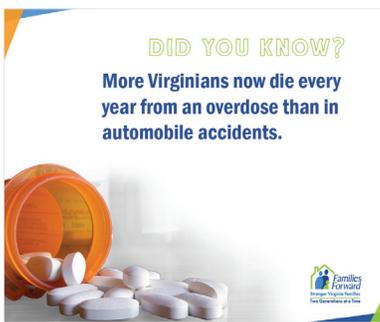
By the time your child is 18 months old, you should already start talking to him or her about protecting private body parts. Learn more about what parents can say (and at what age) to prevent sexual abuse: <link>



Awareness is the first step in protecting your son. Learn more about how boys are affected by sexual abuse: [<link>](#) #PreventChildAbuse



All children deserve #GreatChildhoods ... what have you done to help a child today?



Drug overdoses killed 63,632 Americans in 2016, 66% of which involved a prescription or illicit opioid. This is an epidemic that's got to stop. Learn more about how you can help: [<link>](#)



Did you know that 34% of lesbian, gay, bisexual, transgender and questioning (#LGBTQ) say they were bullied on school property? As a parent, your role is to help them feel safe and supported. Learn more: [<link>](#) #GreatChildhoods



You can't take care of others unless you first take care of yourself. [<link>](#) #GreatChildhoodsVA



Bullying doesn't always happen in person anymore. Here are five ways to protect yourself from cyberbullying: [#cyberbullying](#)



If you think you have bullied someone in the past, apologize. A simple step makes everyone feel better. [#GreatChildhoods](#)



Stand up! It's more than just a song, it's a way of life. Learn more about [#GreatChildhoodsVA](#): [#GreatChildhoodsVA](#)



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All children deserve #GreatChildhoods. Prevent child abuse!



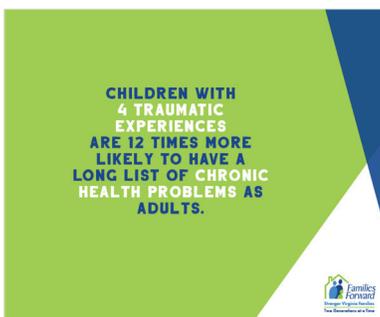
There are resources through Families Forward VA to prevent child abuse and neglect. Learn more here: <link> #GreatChildhoodsVA



Not saying anything could make it worse for everyone. Stand up for kids who are being bullied by talking to an adult and being kind. #GreatChildhoods



More Virginians now die every year from an overdose than in car accidents. Find resources on prevention here: <link>



Being informed about trauma is essential for anyone working with families and individuals. Learn more about a trauma-informed approach: <link>