



Create Memories With Your Family

	The Virginia Parent Council encourages special time with your children. As we stay home more than we ever have, plan and enjoy this time with fun activities. Encourage your teen to join the fun!
	Challenge your family to complete these activities or choose ones that work best for your family. Use websites included or feel free to use your imagination. *Remember to write in journal daily.
Monday S-activity is broken down into steps	Begin a journal S- Plan flower or vegetable garden https://www.planetnatural.com/garden-planning or https://www.goodhousekeeping.com/home/gardening/advice/g2258/perfect-potted-plants/
Tuesday	Play I spy- alphabetical order S - Continue flower or vegetable garden
Wednesday	https://www.ricekrispies.com/en_US/recipes/the-original-treats-recipe.html Make rice Krispie treats S- Work on garden
Thursday	Take a neighborhood walk and pick up trash S- Work on garden
Friday	Plan next week's meals (include a special dinner with something new) S- Finish planting garden
Saturday	Make homemade cards for frontline workers and drop them off Play a board-game
Sunday	Create a lip-synch video Read a book https://www.free-ebooks.net (there are other free sites)
Monday	Jigsaw puzzle S- plan and act out a play https://www.tckpublishing.com/15-tips-for-writing-your-first-play/
Tuesday	Paint or draw a picture or portrait S- continue working on play
Wednesday	Make a cake or cookies S-continue working on play
Thursday	Make pinecone bird feeders S-continue working on play https://onelittleproject.com/pinecone-bird-feeders/
Friday	Act out play! Have your special dinner
Saturday	Play charades https://kidactivities.net/charades-ideas-for-kids/ Clean out your toys and exchange with a neighbor or surprise them
Sunday	Scavenger Hunt https://www.goodhousekeeping.com/life/parenting/g32050844/scavenger-hunt-ideas-for-kids/