

# \*Circle of Parents® Model

## Foundations Protective Factors

Protective Factor	Definition
Parental Resilience	The ability to recover from difficult life experiences, and often to be strengthened by and even transformed by those experiences.
Social Connections	Positive relationships that provide emotional, informational, instrumental and spiritual support.
Knowledge of Parenting and Child Development	Understanding child development and parenting strategies that support physical, cognitive, language, social and emotional development.
Concrete Support In Times of Need	Access to concrete support and services that address a family's needs and help minimize stress caused by challenges.
Social and Emotional Competence of Children	Family and child interactions that help children develop the ability to communicate clearly, recognize and regulate their emotions and establish and maintain relationships.